



The Bereaved Parents of the USA

in conjunction with their 2013 National Gathering

Presents

A Day with the Professionals

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DISCOVER THE DIFFERENCE™

HOSTED BY THE SACRAMENTO-PLACER COUNTY CHAPTER

Schedule

FRIDAY - July 26

7:45 a.m. Check-In at the Conference Center

8:15 a.m. - 9:00 a.m. Welcome and Announcements

9:00 a.m. - 10:15 a.m. Opening Speaker: Dr. Darcie Sims

10:30 a.m. - 11:30 a.m. Breakout Session One

Ruth Amaro: Grandparents Grief
Dr. Bob Baugher: Anger
Mitch Carmody: Proactive Grieving
Gretchen Davis: Art with Siblings
Cindy Davis: Memorial Boards
Glen Lord: Grief and Internet Resources
Tanya Lord: Witnessing the Death
Dave & Beth Weikel: How To LIVE With A Broken Heart: Lessons In Loss
"Walking Through Grief" Screening in the Media Room

11:45 a.m. - 12:45 p.m. Breakout Session Two

Donna Kukura: Traumatic Loss
Dr. Bob Baugher: Coping With Death After a Suicide
Kelly Farley: Dads – The Forgotten Parent
Dr. Gloria & Dr. Heidi Horsley: What Parents Need To Know About Teen Grief and Young Adult Grief
Chris Mulligan & Jane Bissler: Healthy Grieving
Kris Munsch: The Birdhouse Project (For Parents)
Sara Ruble: Who Am I Now?
Ann Walsh: Sibling Choir
"Walking Through Grief" Screening in the Media Room

12:45 p.m. - 2:30 p.m. Lunch & Panel Discussion with the Professionals
**Dr. Bob Baugher, Dr. Gloria Horsley, Dr. Heidi Horsley,
Dr. Doug Jensen, Dr. Darcie Sims**

2:45 p.m. - 3:45 p.m. Breakout Session Three

Chandrama Anderson: Thriving Again As a Couple After Your Child Dies
Kay Bevington: Suggestions for Parents with No Surviving Children
Mitch Carmody: Songs of Sorrow
Marilyn Koenig: Guidelines for Offering Support Services a After Suicide Death
Donna Kukura: Sudden Death
Tony Sims: Grief in the Military
Ann Walsh: For Men Only... A Woman Explaining Women to Men
Karey White: Ways To Memorialize Your Child
"Walking Through Grief" Screening in the Media Room

4:00 p.m. - 5:00 p.m. Breakout Session Four

Donna Corrigan: The Movies and Grief
Rebecca Erickson: Pregnancy and Infant Loss: Younger, Yes, But Not Grieved Less
Dr. Gloria And Dr. Heidi Horsley: Is It Grief or Depression? How Do I Know?
Nancy Juracka: Death from the Disease of Addiction
Chris Mulligan: The Gifts of Grief
Alan Pedersen: Healing Guilt and Regret
Darcie Sims: Anger: The Volcano Within
Ann Walsh: Parents Asking Questions of Sibling Panel
"Walking Through Grief" Screening in the Media Room

You are invited to participate in a raffle for "A Basket of Knowledge," a basket full of books and DVDs by our speakers. Raffle tickets are \$5 each and will be available in the reception area of the conference center.

An evaluation form will be provided in your packet that you will receive when you arrive. Please complete the evaluation at the end of the program and drop it off at the reception desk in exchange for your Certificate of Completion.

A Day with the Professionals
Lions Gate Conference Center
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