



# Bereaved Parents of the USA 2013 National Gathering



Lions Gate Hotel & Conference Center  
Sacramento, California  
July 26-28, 2013

*Bringing Golden Nuggets of Hope to Families Grieving the Death of a Child*

**Register soon!**  
Those who register by June 1 will receive Early Bird Prices for Registration and Meal Plans.  
  
To register visit  
[www.bereavedparentsusa.org/gathering](http://www.bereavedparentsusa.org/gathering)

For additional information visit [www.sspcc.org](http://www.sspcc.org)  
Email to [The2013Gathering@gmail.com](mailto:The2013Gathering@gmail.com)  
or call 916-768-3891 or 916-367-7865

**An important word about making your lodging reservations:**  
Lodging reservations need to be made through the Front Desk at the Hotel.  
Dial 916-643-6222 ext. 0 (zero) to reach the operator/front desk at the Hotel.  
It's best not to go through the reservation system to reserve your room.

For the Schedule and complete list of workshops please visit [www.bereavedparentsusa.org](http://www.bereavedparentsusa.org) or [www.sspcc.org](http://www.sspcc.org).

## Special Venues & Activities

- **Bookstore** featuring books by our featured speakers and workshop presenters. Book signing on Saturday at 5:30 p.m.
- **Meals** prepared just for us by the Lions Gate Chef and enjoyed with new friends from across the nation.
- **Reflection Rooms** For an opportunity to sit alone or with a friend.
- **Wings of Hope Boutique** with a unique selection of gifts and memorial items.
- **Silent Auction and Raffle** with a wide variety of items you'll want to take home with you.
- **California Café** where you can enjoy a casual snack and an opportunity to visit with friends.

### ★ ★ ★ ★ Donations Gladly Accepted ★ ★ ★ ★

We would love to receive your monetary donation or items for our Raffle, Silent Auction, Wings of Hope Boutique, California Café and Tote Bag contents. Monetary donations are also welcome. Contact Linda Warn at [Lwarn@surewest.net](mailto:Lwarn@surewest.net) for information & guidelines. Families can also sponsor a workshop or table centerpiece. You don't have to attend to be a sponsor.





## 2013 National Gathering - Bereaved Parents of the USA



# Schedule

*Please note: Times are tentative and subject to change.  
You will receive the final schedule when you arrive at the Gathering.*

### THURSDAY - JULY 25

**Chapter Leadership Training – All Day at Lions Gate Hotel**  
3:00 p.m. For those arriving Thursday, check in to the National Gathering at the Hotel  
6:00 p.m. Meet & Greet by the Pool (Optional- Meal purchase available in advance with registration)

### FRIDAY - JULY 26

7:45 a.m. Check into the Gathering at the Conference Center  
8:15 a.m. Welcome & Announcements  
9:00 a.m. Opening Speaker: Dr. Darcie Sims  
10:30 a.m. Workshop Session One  
11:45 a.m. Workshop Session Two  
12:45 p.m. Lunch & Panel Discussion with the Professionals  
Dr. Bob Baugher, Dr. Gloria Horsley, Dr. Heidi Horsley,  
Dr. Doug Jensen, Dr. Darcie Sims  
2:45 p.m. Workshop Session Three  
4:00 p.m. Workshop Session Four  
6:30 p.m. Dinner & Speaker: Kris Munsch  
9:00 p.m. Sharing Sessions at the Hotel

### SATURDAY - JULY 27

9:00 a.m. Speakers: Dr. Gloria Horsley & Dr. Heidi Horsley  
10:30 a.m. Workshop Session Five  
11:45 a.m. Workshop Session Six  
12:45 p.m. Lunch & Speaker: Susan Levy  
2:45 p.m. Workshop Session Seven  
4:00 p.m. Workshop Session Eight  
5:30 p.m. Book Signing  
6:30 p.m. Speaker: Daryl Hutson  
Candle Lighting facilitated by Alan Pedersen  
9:00 p.m. Sharing Sessions at the Hotel

### SUNDAY, JULY 28

8:00 a.m. Chapel Service with Dr. Doug Jensen  
9:00 a.m. Closing Speaker Mitch Carmody  
11:00 a.m. Farewell and on our way

If you are sponsoring a workshop, you can designate which workshop you would like to sponsor. Requests will be honored on a first-come-first served basis when payment is received.

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For a list of workshops by category, see page 11.  
For the schedule of workshops at the gathering, visit [www.sspcc.org](http://www.sspcc.org).

### Special performances by Love in Motion Signing Choir

We are honored to have the Love in Motion Signing Choir from San Diego, California, with us this year. They will perform several times for us during the Gathering.

For a preview, visit [www.signingchoir.com](http://www.signingchoir.com).



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## Our Featured Speakers



**Dr. Darcie D. Sims, Ph.D., CHT, CT, GMS,** author, bereaved parent, Certified Thanatologist, Grief Management Specialist, Licensed Hypnotherapist and Psychotherapist, co-founder and President of **Grief, Inc.**, Director of the American Grief Academy, and Director of Training for the Tragedy Assistance Program for Survivors of Military Loss (TAPS).

Darcie will share from her wealth of knowledge to help us look at our grief logically while using her ability to add in a little bit of humor so we can understand our grief journey and learn how to embrace life after loss. She will be our opening Keynote Speaker for our Gathering on Friday morning. She will participate in the Panel of Professionals on Friday at noon, and she will also present several workshops for us.



**Dr. Gloria Horsley and Dr. Heidi Horsley, PsyD, LMSW, MS.** Mother & daughter team, authors & nationally known keynote speakers. Founders of **Open to Hope Foundation** ([www.opentohope.com](http://www.opentohope.com)) which features monthly cable TV and weekly Internet radio shows. Dr. Gloria is on the National Advisory for TCF and Dr. Heidi serves on the National Board for TCF, the advisory board for TAPS and is an adjunct professor at Columbia University.



Together they will be our Saturday morning featured speaker and present several workshops for us. Heidi specializes in sibling grief while Gloria speaks as a seasoned bereaved parent.



**Dr. Bob Baugher, Ph.D.** Psychology professor at Highline Community College, Des Moines, WA, teaching Psychology and Death Education. Author, trainer for LivingWorks focused on suicide intervention. International speaker on grief and loss, Certified Thanatologist and Clinician with University of WA School of Nursing Parent Bereavement Project. Bob will participate in the Panel of Professionals on Friday at noon and present several workshops during the Gathering.



Bereaved parents, Dr. Doug & BJ Jensen, are popular International Speakers, Dramatists, Sign Artists, and Authors of 16 books including "Finding Hope After the Devastating Loss of Children." Dr. Jensen is a doctor of Biblical Counseling and Biblical Studies. After the death of their son, Jay, Doug went on to earn his doctorate in order to help others grieving couples. The Jensens have counseled couples all over the world since 1989.

Dr. Doug and BJ are the Directors of *LOVE IN MOTION* Signing Choir and will be joined in their workshop and chapel services by members of the choir made up of Christian Sign Artists of all ages.



**Kris Munsch.** Bereaved dad and founder of **The Birdhouse Project** which took Kris to all 48 of the lower United States, helping people rebuild their lives after embracing their loss. Kris now teaches at Fort Hays State University in Kansas, and continues to write and present The Birdhouse Project nationally to those seeking empowerment to live again after loss.

Kris will be our featured speaker on Friday evening, as well as guide parents and teens through the process of rebuilding their life after tragedy with The Birdhouse Project.



**Mitch Carmody.** Author, staff writer for *Living with Loss Magazine*, recognized keynote speaker and highly regarded workshop presenter on a variety of grief and loss issues. An accomplished artist and creator of "20 Faces of Grief" and the S.T.A.I.R.S. model of grief staging. Mitch will present several workshops and will be our closing speaker on Sunday morning.



**Daryl Hutson.** Bereaved parent and Co-Leader for the Montgomery County Indiana Chapter of the BP/USA. Published writer in *A Journey Together and Living with Loss Magazine*.

Daryl will be our featured speaker on Saturday evening and will also present a workshop for men only.



**Susan Levy.** The disappearance and murder of her 24 year old daughter, Chandra, in May 2001 created national headlines. Knowing the desperation that comes with not knowing the whereabouts of her daughter for over a year, She co-founded **Wings of Protection**, a support system for families of missing persons. She is a keynote speaker and promoter of victims' rights.



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## Workshops by Category

### **WHAT IS GRIEF?**

- What is Grief? - Alan Pedersen
- Is It Grief Or Depression? How Do I Know? - Dr. Gloria & Dr. Heidi Horsley

### **PROCESSING GRIEF**

- How To LIVE With A Broken Heart: Lessons In Loss - Dave & Beth Weikel
- Healthy Grieving - Chris Mulligan & Jane Bissler
- Who Am I Now? - Sara Ruble
- Proactive Grieving – Mitch Carmody
- Stress Management in Grief – Mitch Carmody
- The Birdhouse Project (workshop for Parents and Grandparents) - Kris Munsch
- Finding Your Direction Again - Glen Lord
- Grief and Pain: Life's Greatest Challenges... It ALL Has Meaning - Sara Ruble
- Finding Your Way Through Grief: Does Grief Come In One Size Fits All? - Darcie Sims
- Finding Those Golden Nuggets in the Garden Of Grief - Donna Kukura
- Learning to Drive in the Snow - Keith Swett
- The Gifts of Grief - Chris Mulligan
- Dealing with the Grieving Process: From Pain to Purpose - Donna Mancuso
- A Lasting Embrace, When Life Unravels–Dave Weikel
- Practical Guide to Support a Grieving Person–Radha Stern

### **FAMILY RELATIONSHIPS**

- Grandparents' Grief - Ruth Amaro
- What Parents Need to Know About Teen Grief and Young Adult Grief - Dr. Gloria & Dr. Heidi Horsley
- Thriving Again as a Couple After Your Child Dies - Chandrama Anderson
- Parents Asking Questions of a Sibling Panel - Ann Walsh
- Do Women and Men Really Grieve Differently? – Dr. Bob Baugher
- Adopting After Loss – Glen Lord
- How Death Affect Family Relationships – Dr. Bob Baugher
- Siblings Grieve, Too – Dr. Heidi Horsley
- How to Explain-Introduce-Honor a Deceased Sibling to the New 'Sibling' in the Family - Ann Walsh
- Loss of a Child Through the Eyes of a Step Parent – Russell Sealy

### **FOR THE SIBLINGS**

- Sibling Choir - Ann Walsh
- The Birdhouse Project (workshop for Siblings) - Kris Munsch

### **MEMORIALIZE**

- Ways to Memorialize Your Child - Karey White
- How to Start a Memorial Garden – Bob & Sue Rhodes

### **SPECIFIC LOSS**

- Coping With Death After a Suicide - Dr. Bob Baugher
- Witnessing the Death - Tanya Lord
- Traumatic Loss - Donna Kukura
- Grief in the Military - Tony Sims
- Suggestions for Parents With No Surviving Children - Kay Bevington
- Guidelines for Offering Support Services After a Suicide Death - Marilyn Koenig
- Death From the Disease Of Addiction - Nancy Juracka
- Sudden Death - Donna Kukura

### **FOR MEN ONLY**

- Dads – The Forgotten Parent - Kelly Farley
- For Men Only... A Woman Explaining Women To Men - Ann Walsh
- Panel For Men Only – Daryl Hutson

### **COMPLICATIONS**

- Anger - Dr. Bob Baugher
- Healing Guilt And Regret - Alan Pedersen
- Anger: The Volcano Within - Darcie Sims

### **HEALING WITH CREATIVITY**

- Memory Boards - Cindy Davis
- Healing Art for Siblings – Gretchen Davis
- Scrapbooking Your Memories - Donna Woodard
- Angel Pins (Make and Take) - Sue Rhodes

### **LONG TERM GRIEF**

- The 1st Year Of Grief to 25 Years Down the Road - Dr. Gloria Horsley
- It Doesn't Hurt As Much Anymore – Now What Do I Do? – Dr. Bob Baugher

### **OTHER TOPICS**

- Grief and Internet Resources - Glen Lord
- The Movies and Grief - Donna Corrigan
- Faith and Grief - Ron Harder
- Complications of Grief after Medical Error - Tanya Lord
- Project Grace Service Trips for the Bereaved Community - Carole Mahoney
- Returning to Work After the Death of Your Child – Tony Sims
- Book Discussion "Red Hook Road" by Ayelet Waldman - Donna Corrigan
- Songs of Sorrow - Mitch Carmody
- Music in Movement to Soothe the Grieving Soul - Love In Motion Choir
- Whispers of Love – Mitch Carmody
- Messages of Hope From Our Children – Kathryn Cardinale

### **WALKING THROUGH GRIEF SCREENING**

- Screening of "Walking Through Grief," a 9-Week Educational Series

Sponsor a Workshop!

Visit [www.bereavedparentsusa.org](http://www.bereavedparentsusa.org) to find out how!